

Report on American Academy of Nurse Practitioners (AANP) Region 1 and 2 invitational leadership meeting ***Dr. Jane Tuttle, FNP, PNP, Legislative***



SUPPORT YOUR NP ASSOCIATION BY ATTENDING MEETINGS,!

The annual American Academy of Nurse Practitioners (AANP) Region 1 and 2 invitational leadership meeting was held in Hartford, Connecticut October 3-4, 2009. This was the first time that the two regions met together and all agreed that this was very helpful. About fifty leaders from Region I (all the New England States) and Region 2 (New Jersey and New York) attended. Laima Karosas, Region 1 director, and Mary Ellen Roberts, Region 2 director convened the meeting. In the morning of the first day, Jan Towers, AANP Director of Health Policy led a lively discussion of national legislative and practice issues. Her remarks were focused on the efforts toward health care reform and

the vital role that NPs play. She also presented the National Council of State Boards Consensus Model, which has increasing support by most states. After a networking luncheon, each state representative highlighted their state level legislative and practice issues. We share many concerns with our surrounding states, as well as unique challenges. Tom Nicotera represented the NPA and our two AANP state Reps (Tammy Austin Ketch from Buffalo and Nancy Baltes from Long Island were present as well).

The second day was devoted to a discussion of the Multi-State Reimbursement Alliance (MSRA - not MRSA), that is evolving to address common concerns with third party reimbursement. Nancy O'Rourke (a different one from the one we all know), is the state AANP representative from Massachusetts. She has done a great deal of work in this area and inspired the group to pursue the formation of this Alliance. Jeanne Martin, the NPA regional representative from Long Island, was able to obtain her slides. Nancy mentioned a slide show that can be used with the various stakeholders (see chart below) to make our point about including NPs in insurance panels, etc. This is available from the AANP. The leaders in attendance agreed to keep working on this important Alliance.

The AANP is a wealth of information and advocacy. On their website, you can find materials highlighting:

- [NPs Promoting Access to Coordinated Primary Care](#)
- [APRN Consensus Model Document](#)
- [Health Care Reform Fact Sheet](#)

SPECIAL POINTS OF INTEREST:

- ◆ Dr. Marilyn Dollinger is awarded the 2009 NYSNA Legislative Award
- ◆ Update on the 2008 NP student of the year
- ◆ Upcoming Programs
- ◆ Convention Report



INSIDE THIS ISSUE:

<i>President's Mes-</i>	2
<i>Dollinger Award</i>	2
<i>Upcoming Pro-</i>	2
<i>Convention Report</i>	3
<i>Update on Student</i>	4
<i>Membership Report</i>	4
<i>Legislative</i>	4

THE PRESIDENT'S MESSAGE

SUSAN O. SMITH , APN- BC



MEMBERSHIP IN A NURSING
PROFESSIONAL ORGANIZA-
TION CAN OPEN DOORS

Next month November 8-14th is National Nurse Practitioner week. I am encouraging everyone to take this opportunity to educate the public on our critical role as providers of primary care.

In the five counties surrounding Rochester there are nearly 1000 Nurse Practitioners. The majority practice in a Primary Care setting. In the past 10 years, 90% of medical school graduates have chosen sub-specialties. The lack of physicians in primary care is the core dilemma of our government. How will we meet the needs of an additional 46 million patients seeking care with inadequate number of current providers?

Each year, 6000 Nurse Practitioners graduate. The medical home model currently is a demonstration project. It does include Nurse Practitioners. This model allows reimbursement for the management of care including time spent on the phone performing that duty. In the future if we are successful in New York removing the mandatory collaboration statute, our patients will be hearing the Nurse Practitioner will see you now. It may even be in a private office practice!

If you're interested in helping the lobbying efforts, we would encourage you to join The Nurse Practitioner Association of New York. It only costs 49 cents a day (www.thenpa.org). What else can you do that would have the same professional clout? Be a member and follow us into the future.

DR. MARILYN DOLLINGER RECEIVES 2009 NYSNA LEGISLATIVE AWARD

Dr. Marilyn Dollinger, Associate Dean of the Wegmans School of Nursing at St. John Fisher College, and a member of the NPAGR, has been named the recipient of the 2009 New York State Nurses Association (NYSNA) Legislative Award. Given annually, the award recognizes nurses who make significant contributions to the profession in the legislative arena.

For years, Dr. Dollinger has been an advocate for professional nursing, with an ongoing commitment to policy analysis, development, and implementation. She served as Genesee Valley Nurses Association (GVNA) President from 2007-2009, and as a GVNA Legislative Committee member since 1992. In addition, Dr. Dollinger chaired the NYSNA Council on Legislation from 2006-2007, and has been the Legislative District Coordinator for Assemblyman Joseph Morelle since 1994. As President of GVNA, Dr. Dollinger works diligently to involve local nurses and nursing students in the legislative process. As Associate Dean of the Wegmans School of Nursing, she teaches courses on healthcare policy and legislative advocacy at the undergraduate, graduate, and doctoral levels. Dr. Dollinger is also a member of the New York State Committee to Advance Nursing Education, working locally and at the state level to advocate for important nursing education legislation.

Upcoming NPAGR Programs

We welcome Heather Muxworthy to the board to serve along with Dr. **NPAGR Sponsors joint Program with NAPNAP:** Pat Coury Doniger confirmed to present our joint program (with Upstate NY NAPNAP) **Motivational Interviewing Tues Nov 17 from 6-8 pm** at Wegmans School of Nursing (SJFC), Room 101.

Jane Tuttle, as co-chairpersons of our legislative committee **The ABC's of Cervical Spine Disease: Diagnosis, Medical and Surgical Management** Presented by: Susan Smith ANP-BC & Mary Lang, ANP Rochester Neurosurgery Partners 11/11/09 at Peter Geyer Steak House. Registration activities begin at 6 pm. See www.npagr.org for details



Update on Anne Weisbeck, NPAGR 2008 student of the Year

After graduating from St. John Fisher College and receiving the Nurse Practitioner of the Year award last year, I took a position as an NP at the Infectious Diseases Clinic at the University of Rochester. I primarily care for HIV/AIDS patients, but also provide follow up for patients who receive post exposure prophylaxis against HIV after a sexual assault or other potential exposure. Our clinic is a research site for the Adult AIDS Clinical Trials Group (AACTG), which is the largest HIV research group in the world, and many of my patients are involved in clinical trials.

Another component of my position involves writing and presenting educational programs for the HIV Continuing Education Initiative, which is sponsored by the New York State Department of Health AIDS Institute. These presentations provide education regarding HIV and AIDS related issues to both health care providers and consumers.

I continue as a member of the Nurse Practitioner Association, Greater Rochester Chapter, and the American Academy of Nurse Practitioners. In addition to my clinical work in HIV, other areas of interest include HIV and STD prevention and testing for both positive and negative patients, adolescent medicine, and community education.

At this Fall's Convention, Shannon Gianotti, FNP recent graduate of the U of R SON was awarded the NPA Sandra Shaw Student NP of the Year award.



NPA Convention Report September 2009

Sandy Glantz, NP & Jane Tuttle, FNP & PNP

Healthcare at the Crossroads of Change: Margaret Fitzgerald, DNP, FAANP

Nearly 500 NP's were present for the first of two keynote presentations for the 2009 annual convention of the Nurse Practitioner Association New York State. The Mohawk room at the Turning Stone Resort was packed. Ms. Fitzgerald urged the members to "define NP practice with strength", telling legislators and other policy makers about the people who have access to care, and the types of care, as a result of our work. There is a focus on NP's today because the numbers have greatly increased over the past 23 years, with 110,000 NP's licensed by year 2005. There were 50,000 physician assistants and 3000 certified nurse midwives in that same year. In 1986, there were just 25,000 NP's. Other care providers are threatened because there is power in numbers. That the AMA is attempting to legally protect the title "doctor" for exclusive use by physicians shows that other health care providers are seeking and getting recognition with the clinical doctorate in their fields. Today, nurse practitioners are not just "filling in" for physicians in the health care scene. NP's are care providers in their own right.

TIME magazine of 8/9/09 had a cover about Nurse practitioners. Governor Ed Rendell of Pennsylvania has removed 49 regulatory barriers to NP practice in his state in the past few years. These are positive signs of change that indicate the important role NP's play in healthcare today. Donna Shalela, from the Clinton administration's Health and Human Services says, "Nurses are a solution in plain sight" to the health care provider shortage. Ms. Fitzgerald then noted with a smile, "NP's need to be at the table, or else they will be on the menu!" As she sees it, there is plenty of "health care pie" for all to share. She discussed the goal of independent practice by 2016 for all states as perhaps overly ambitious, but urged those in attendance to work for it daily. She observed that more NP's need to join his or her state and national professional organizations to see this goal met, for no one NP can make it happen. At about \$300 per year, she sees this as a reasonable cost to protect and promote one's profession, one's livelihood. She notes that in Arkansas, Regulation 30 recently diminished NP authority to practice overnight, by instituting protocols and guidelines for care into state law. Our professional associations and their associated political action committees help to protect NP's from such actions. Those in power are threatened, but that is okay, for it means that NP practice is having a positive impact on the provision of health care in America today.



It is Time to Consider Becoming Active on The Board: Nominations

Call for Nominations: Join the board for 2010!

The November elections are upon us, and did you know that one of our own is running for office? Mel Callan, FNP at Highland Family Medicine is running for the Monroe County Legislature to represent Penfield . While not all of us can cast our vote for Mel, we can support her in other ways. Wouldn't it be great to have an NP as one of the area's legislators? Those of you who would like to emulate Mel's "*Make a Difference Attitude*" should consider joining the NPAGR board. Here's your chance to join the dynamic team of your peers—and impact local programming and advocacy for the NP role and those whom we serve.

How about running for **President-Elect**? You'll serve a two-year term: for one year you will work alongside the current President, and then go on to a second year as President.

If you are like money (keeping track of it, that is,) and are good with numbers, then we would love to have you consider being **Treasurer**. Our books are in fine order and you get to help us decide how to spend some of it.

The **Nominations Chair**, with the help of the Board, develops the slate of candidates each year, and distributes it to the membership for voting. With the miracle of modern telecommunication and our fabulous Web Mistress, this two-year job has certainly become easier.

Contact Laura Marwick, Chair of the Nominating Committee, to put yourself forward, or check with a colleague and put his/her name forward as a nomination: Laura can be reached at: lmarkwick@frontiernet.net



**COME IN!-
JOIN THE
NPAGR BOARD**



CAPTION DESCRIBING PICTURE OR GRAPHIC.

Wonderful support is available from your colleagues on the Board, and more information can be found under "Duties of Officers" in the Bylaws section of our website at www.npagr.org. You can also contact any of the officers listed in the leadership directory.

Working together, we can assure that our clients continue to have access to the high quality services of Nurse Practitioners here in Western New York!



THE NURSE PRACTITIONER ASSOCIATION
OF GREATER ROCHESTER
NOMINATION FORM

Position Descriptions are posted on the web site in the Bylaws

Questions can be addressed to L. Markwick @ lmarkwick@frontiernet.net

Position: _____

To be completed by person making nomination: (May self nominate)

Name: _____ Phone: _____

Address: _____

City: _____ State: _____ Zip: _____

Email Address: _____

To be completed with Nominee's information:

Name: _____ Phone: _____

Address: _____

City: _____ State: _____ Zip: _____

Email Address: _____

Nominee Acceptance: I hereby accept nomination for the above indicated position.

Signature: _____ Date: _____

Brief Statement as to why you would like to serve the organization in this position: _____

Please return this application with copy of CV to: _____

The Nurse Practitioner Association of Greater Rochester
Attn: Nomination Committee
P.O. Box 23556
Rochester, NY 14623

www.npagr.org

**MEMBERSHIP IN NPAGR OPENS UP THE DOOR TO BOTH PRACTICE & NETWORKING.
INVITE COLLEAGUES TO JOIN US AS WE WORK FOR ADVANCEMENT OF OUR PROFESSION!**

2009 Annual NPA Membership Meeting Ralphe Matuszewski, FNP, Chair of the Board & Seth Gordon, MPA, President and CEO

- Nursing Service Organization (NSO) has been endorsed by the NPA for the provision of professional liability policies to NPA members.
- New Board members elected by voice vote at the meeting:
 - Chair-elect - Marion Golden, DNP, FNP
 - Treasurer – Stephen Ferrara, FNP
 - Region 3 Regional Director – Christine Atkins, FNP
- The NPA stimulus package of 2009 will be extended one year more, to 3/31/2011. This gives a temporary decrease in active NP dues of 10%. The NPA bucks program was also popular, and was renewed.
- The Public Relations firm hired by the NPA put NPA leaders such as Sue Smith, ANP of NPAGR into the public view on television and radio spots throughout the state, every month since January.
- The Networking Task Force, chaired by Scott Owitz, has been charged to create a centralized, uniform process for communications with the NPA office and other NPA members. This is in process, and will be operationalized in the next year.
- Report of the recent membership survey will be out soon.
- Data collection of psychiatric NP's completed last week.
- This 25th anniversary of NPA conventions. Dorothy Day, chaired the convention committee this year.
- In 2010, the NPA convention will be held at The Sagamore Hotel, Lake George, NY. In 2011 and 2012, the convention will be held in Saratoga Springs, NY.
- Position opening: Chair of the Education and Oversight Review Committee.
- Every member is encouraged to bring one new member in to the NPA over the next 12 months. Numbers matter.
- NPA members need to support the political action committee. That support keeps the NPA "in the game" in Albany. Only 11% of members gave to the PAC last year.
- Benefits that are new: Human Resources Consultant- every member has access to 3 hours of free career consultation for resume writing, etc.
- The Legacy Fund supports the public relations work. Chapter funds are providing this service. NPA Long Island was thanked for \$20,000 contribution in 2009.
- Thanks to the 50 NP's who staffed the NPA booth at the NYS fair this year. Over one million people attended the fair, so the NPA was visible. Christine Atkins, NP and Tom Nicoterra were thanked.

A National Roundtable was formed recently, to coordinate the efforts of ACNP, AANP, the NPA, NAPNAP and NONPF. This has been a long-term goal, and there is optimism that collaboration and dialogue will result in synergy and dynamic action.

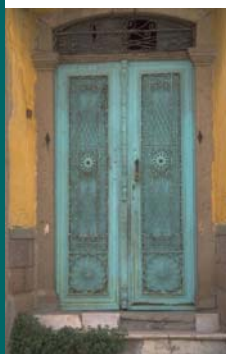
**Legislative Luncheon Joy Elwell, DNP, FNP,
Chair of Governmental Relations Committee**

A staff person from the Nurses Service Organization gave a presentation on data from secondary analysis of nurse practitioners that have been named in a liability case (a claim). This looked at variables such as certification status, years of experience, and other factors that might play a role in being named in a claim. The full report will be published later this year.

THE NURSE PRACTITIONER ASSOCIATION

New York State • Greater Rochester Chapter

Pride of the Profession



**PUSH OPEN THE DOOR
TO PROFESSIONAL
GROWTH— BECOME
ACTIVE ON THE
NPAGR BOARD!**

ASSOCIATION