

## PROGRAM GOALS AND OBJECTIVES

The purpose of the Region 1 conference is to provide an opportunity for continuing education to Advanced Practice Nurses in addition to the Annual Nurse Practitioner Association meeting sponsored by the Nurse Practitioner Association of New York.

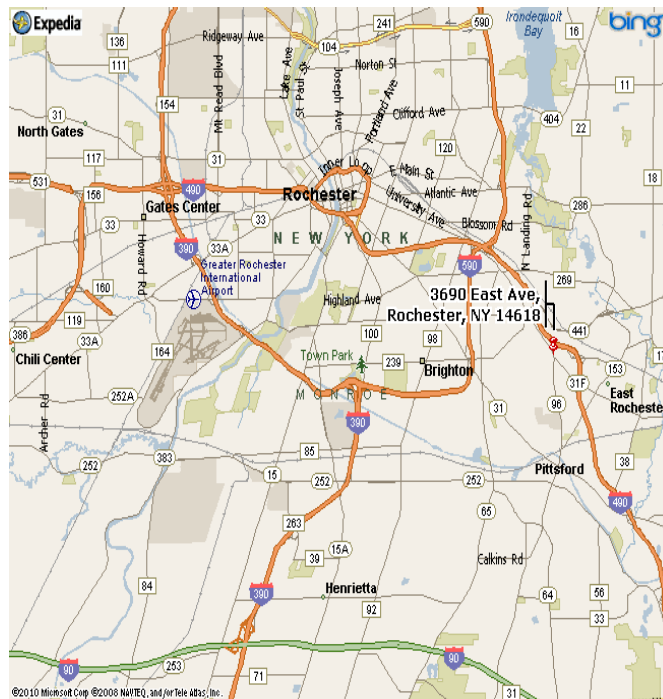
**Program Objectives:** By attending this conference and participating in the educational sessions and panel discussion, you will be able to:

- Utilize the knowledge of acute stroke management guidelines in the care of patients experiencing a stroke.
- Apply safe sedation principles for patients undergoing bedside procedures.
- Recognize the symptoms of hypo and hyper pituitary syndromes.
- Identify factors that contribute to seizures in patients hospitalized for other reasons.
- Distinguish between the most common causes of dementia and their treatment.
- Recognize the implications of gender in the treatment of chronic pain in women.
- Compare the treatment options for Atrial Fibrillation.
- State the six standards of the Patient Centered Medical Home.
- List potential opportunities for Nurse Practitioner practice in the Patient Centered Medical Home.
- Practice with confidence following a plan developed by a mental health provider for the complicated mental health patient.
- Integrate neurologic examination techniques into your evaluation of the patient with a neurological deficit.
- Discuss the treatment goals for women diagnosed with polycystic ovarian syndrome.
- Identify the characteristics of the patient appropriate for bariatric surgery referral.
- Discuss the principles of Minimally Invasive Spine Surgery.
- Summarize the key elements of patient and family education necessary to promote healthy sleep.

St. John Fisher College is located six miles southeast of Rochester, NY, 3690 East Avenue, Rochester, NY in the suburb of Pittsford.

The easiest approach is from Thruway Exit 45, which is marked "Rochester-490."

- From that point, take I-490 for about 10 minutes to Exit 25, Fairport Road/NY 31F.
- Turn left onto Route 31F going west and proceed to the main entrance of campus.
- The main entrance of the College is one-half mile from I-490, at a traffic light where Fairport Road meets East Avenue (Route 96).



### **Continuing Education Credits:**

This activity has been submitted to the New York State Nurses Association for approval to award contact hours. The New York State Nurses Association is accredited as an approver of continuing education by the American Nurses Credentialing Center's Commission on Accreditation.

This activity has no commercial support

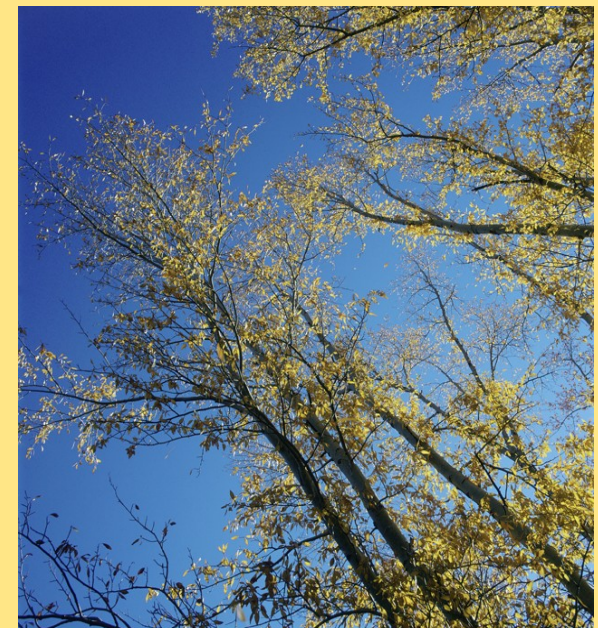


The Nurse Practitioner Association  
NEW YORK STATE

## Greater Rochester Chapter Region 1 Conference Saturday, November 12, 2011

### Clinical and Legislative Updates Critical To Your Practice and Your Patients

Wegmans School of Nursing  
St. John Fisher College  
Pittsford, New York



**Region 1 Conference**  
**Saturday, November 12,<sup>st</sup> 2011**  
**7:30 am until 4:10 pm**

7:30 – 8:30 am

- Breakfast/Registration

- Welcome: 8:30- 8:35 am  
 Susan O. Smith, NP, Program Chairman

Presentation: 8:35-9:30 am

**Management of the Patient with Acute Stroke**  
 Kim Yirinec, N P

Time: 9:40-10:35am Please Select One:

**Sedation Selection and Management in Acute Care**   
 Christine Groth, Pharm D

**Pituitary Tumors: A Primer**   
 Dr. G. Edward Vates

**Seizure Management in Acute Care**   
 Kathy England, NP

**BREAK 10:35-10:50am**

Time: 10:50-11:45 am Please Select One:

**Dementia: Diagnosis, Differentiation and Management**   
 Dr. Fred Marshall

**Women in Pain: Understanding the Role of Gender in the Diagnosis and Treatment of Pain**   
 Dr. John Markman

**Management of Atrial Fibrillation**   
 Susan Hume, NP

LUNCH 11:45am-1:00pm  
**PANEL DISCUSSION: The Medical Home**  
 Mike Ackerman DNP - Moderator  
 Dr. Marc Berliant, Mary Angerame, NP

Time: 1:00-1:55pm Please Select One:

**Management of the Complicated Mental Health Patient: Survival Skills for the Practitioner**   
 Heather Muxworthy, DNP

**The Neuro Exam: Learn How to Be an Expert**   
 Jennifer Willison, NP

Time: 2:05-3:00pm Please Select One:

**Polycystic Ovarian Syndrome**   
 Dr. Adam Griffin

**Bariatric Surgery Update**   
 Dr. Lael Forbes

**Minimally Invasive Spine Surgery**   
 Dr. Robert E. Replogle

**BREAK 3:00-3:15pm**

Time: 3:15-4:10pm

**Overview of Sleep Management and Sleep Disorders**  
 Kathy Parker, PhD, R.N.

4:10 pm Completion of Evaluation  
 Contact Hours Awarded

**REGISTRATION FEE: Check one**

**Student: \$30** \_\_\_\_\_

**NPA NY Member: \$49** \_\_\_\_\_

**Non-Member \$75** \_\_\_\_\_

**NAME:** \_\_\_\_\_

**Address:** \_\_\_\_\_

**EMAIL:** \_\_\_\_\_

**Please mail your completed registration with Check payable to:**

**NPAGR**  
 c/o Diane Salipante  
 24 Sandpiper Lane  
 Pittsford, NY 14534

**Registration Deadline: November 8, 2011**

**For questions contact:**  
[susan\\_smith@urmc.rochester.edu](mailto:susan_smith@urmc.rochester.edu)

**Suggested local Hotels:**

**Hampton Inn, 500 Center Place Drive  
 Rochester, New York 14615  
 585-663-6070**

**Rochester Airport Marriott  
 1890 Ridge Road West  
 Rochester, New York 14615  
 615 585-225-6880**

**Double Tree Hotel,  
 1111 Jefferson Road,  
 Rochester, N Y 14623  
 585-475-1510**

